Teaching Concept in four phase’s

Title; Inclusion and Health Inequalities in the Everyday Lives of People with Visual Impairments

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Date; 04.06.2026

SDG #3 + 10

School; special school

Awareness*Introduction

Time: 15 minute Title; Introduction, Methods, and Materials: The facilitator begins by introducing themselves, using personal photographs from Nigeria, including departure images from the airport and scenes from their home country. Participants are then invited to introduce themselves by sharing the names they are commonly known by. This is followed by a short guessing game titled “What do you know about Nigeria?” in which the facilitator provides clues about the country for participants to guess.

Learning Objective: By the end of the session, both the facilitator and participants will become more familiar with one another, while the topic of inequality in Nigeria is introduced in an engaging and interactive manner through a playful activity.

Time 10 minute. Title introduction and discussion about the 17 SDGs. Method and Material , Showing video „Number in Action“ as an introduction of SDGs https://www.youtube.com/watch?v=Mdm49_rUMgo

Distribute one SDG card randomly to each participant. 2. Display the SDG images one at a time using the slide presentation. As each SDG appears, the participant holding the corresponding card briefly explains what they know about that goal. Learning Objective, To familiarize participants with the 17 Sustainable Development Goals (SDGs) and encourage them to share their prior knowledge with peers.

Time 10Minute. Title, Introduction to the topic: Inclusion and Health inequality in the Everyday Lives of People with Visual Impairments. Method and Material, showing participants some more photos of the beauty of Nigeria Health facilities without any reasonable accommodation for PWDs. Followed by BBC documentary video depicting the terrible state of our health facilities. BBC News Africa

Learning Objective, this will give visualization to participant about the situation of level of health inequality among the visual impaired in Nigeria.

Information Phase

Time 10 Minute Title, PPT presentation and discussion Method and Material, PPT presentation by the facilitator, watching video of systemic discrimination. discrimination against women with visual impairment to enable student grasp how Nigerians problem is linked to the world, followed by the student giving their opinion . Learning Objective, By the end of this information session, participants should be able to understand the key challenges faced by visually impaired persons in Nigeria, particularly in relation to systemic and social inequalities. The session will examine the root causes of these challenges, including structural barriers, policy gaps, and societal attitudes. It will also explore how global dynamics, including the role of developed countries, may contribute to or reinforce these issues through economic, political, and developmental practices.

Time 10-15 minute. Title; Myth or Fact game. Method and Material, Make 10 statements on large cards (or projected). Mix Nigerian health myths and facts. The facilitator Read each statement aloud clearly. Students move to " Myth" or " Fact". The facilitator Ask 1- 2 students to explain their choice before revealing the answer.

Then briefly clarify using the social model of disability: the problem is not the impairment itself but the barriers and attitudes in society. Learning Objective, To challenge harmful myths and stigma around visual impairment in Nigeria that lead to exclusion and worse health outcomes.

Time 10 minute. Title PPT presentation and discussion of inequality. Method and materials, Continuing PPT presentation. Icebreaker Activity: "SDGs Vote"

Participants will place a sticker on the Sustainable Development Goal (SDG) they believe a contributing to the issue being discussed. Learning Objective
To understand the effects of inequality experienced by visually impaired persons and to examine how these inequalities contribute to broader health disparities.

Action phase.

Time, 20-25minute. title, group work.

Method and Materials
Students will be divided into small groups of four to five members. Each group will be provided with colorful pens or markers and a maximum of two sheets of flipchart or poster paper.

Working collaboratively, students will design and create an informative poster that raises awareness about the selected issue. The activity encourages teamwork, creativity, and critical engagement with the topic. ***Learning Objectives,*** *By the end of this activity, students should be able to:*

- *Collaborate effectively within a group to plan and produce a shared output.*
- *Communicate ideas visually using appropriate text, layout, and design elements.*
- *Develop awareness of how to reduce inequality.*
- *Time 15minute. Title presentation. Method and material,* Students present their idea and final discussion (each group deliver their idea for max.3 min. Learning Objective, Students *demonstrate understanding of the selected issue by presenting key information clearly and accurately on how to address inequality.*

Reflection phase.

- Time, 10minute. title, summary and feedback. Method and Material, Participants are asked their takeaway of the session
- Feedback Form

Followed by photo session if possible. *Learning Objective five finger feedback and evaluation.*

Total time. 125minutes.